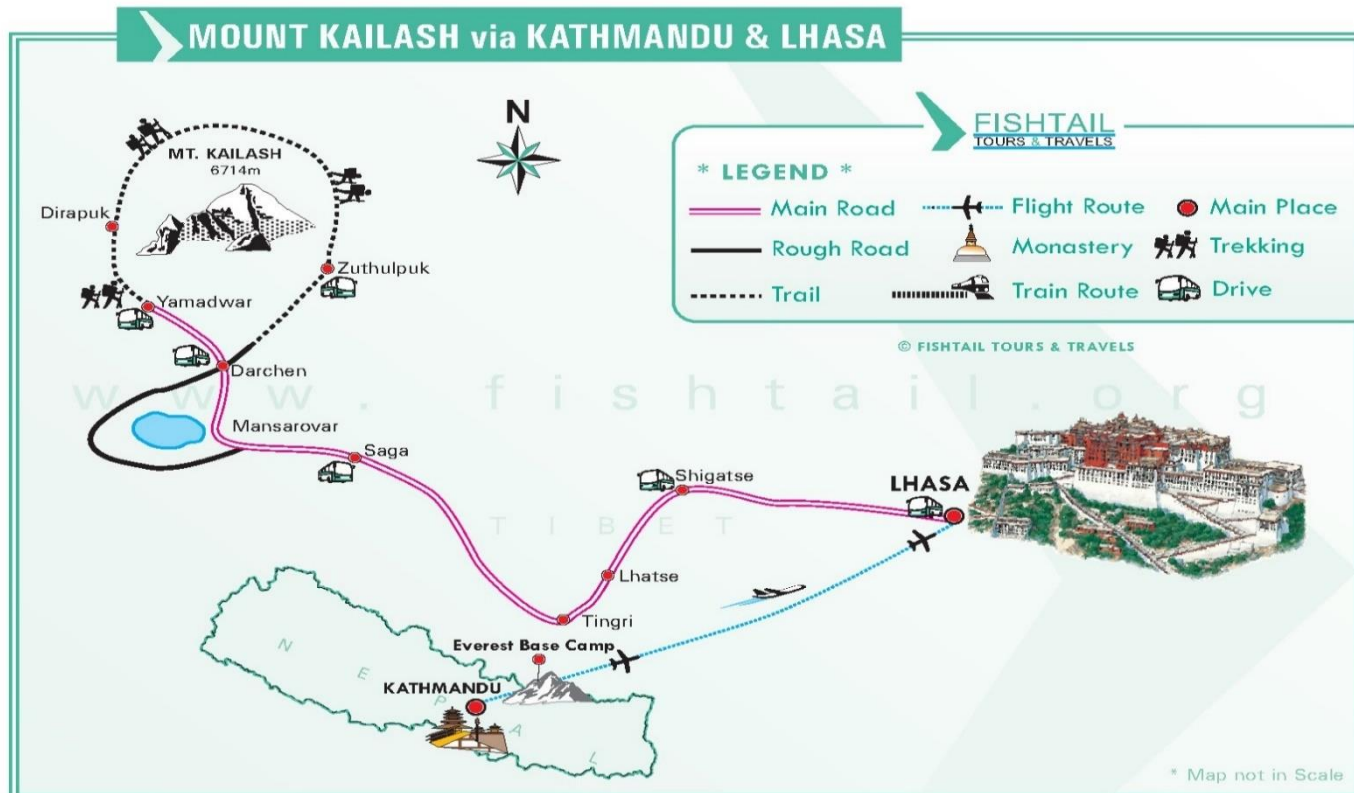


## MOUNT KAILASH VIA LHASA WITH EBC AND RONGBUK



### PRODUCT INFORMATION

**Mt. Kailash via Lhasa with EBC & Rongbuk** is also an once-in-a-lifetime experience to view the highest mountain in the world - Mt. Everest, with 8848m above sea level. After spending your first 3 days in Lhasa city for main tourist sites visiting, you will get ready to start the journey to Everest. You'll stop by holy Yamdrok Lake, the glistening Karola Glacier and Khumbum Stupa in Gyantse and Shigatse. From there you'll go up to over 5000m & spend a night at Everest Base Camp. If weather permits, you can enjoy the beautiful sunset and glorious sunrise before return to Lhasa.

### YATRA INFORMATION

Tour Code	Tour Title	Duration	Destination Covered
FFP - 900	Holy Mt. Kailash via China & Lhasa	14 Nights/ 15 Days	Lhasa, Shigatse, Ronbuk, EBC, Mansarovar Lake, Dirapuk, Zuthulpuk, Saga & Kathmandu

### TRIP FACTS

Tour Grade	Highest Elevation	Road Condition	Walking and trekking Duration	General Information
2	6,100 Meter	Black Topped Highway	Approx.55 Km Holy trek including 5 Km steep Climbing.	High level adventure trek. Surface journey is smooth & comfortable till Parikrama starting point.

## OUTLINE ITINERARY:

- Day 01: Arrive Lhasa and transfer to hotel.
- Day 02: Lhasa city sightseeing
- Day 03: Lhasa City Sightseeing.
- Day 04: Drive from Lhasa to Shigatse via Gyatse & Yamdrok Lake.
- Day 05: Drive to Ronbuk Monastery
- Day 06: Visit EBC and return to Ronbuk Monastery and rest.
- Day 07: Drive to Saga,
- Day 08: Drive from Saga to Mansarovar and Puja,
- Day 09: Drive from Mansarovar to Darchen,
- Day10: Drive from Darchen to Yamadwar and Holy Trek to Dirapuk.
- Day11: Holy Trek from Dirapuk to Zuthulpuk,
- Day12: Holy Trek from Zuthulpuk to Darchen and drive to Saga,
- Day13: Drive from Saga to Shigatse or drive to Kyrung,
- Day14: Drive to Lhasa & overnight.
- Day15: Transfer to airport for fly to Kathmandu or Fly for onward journey.

## **FIXED DEPARTURE DATES 2020**

Month	Group code	Date of operation				Full moon Dates
		Arrival in Lhasa	Mansarovar Puja	Drive to Lhasa	Dep. To KTM	
May	FML 903	30 <sup>th</sup> Apr	07 <sup>th</sup> May	13 <sup>th</sup> May	14 <sup>th</sup> May	07 <sup>th</sup> May
May	FML 904	25 <sup>th</sup> May	01 <sup>st</sup> June	07 <sup>th</sup> June	08 <sup>th</sup> June	
June	FML 905	29 <sup>th</sup> May	05 <sup>th</sup> June	11 <sup>th</sup> June	12 <sup>th</sup> June	05 <sup>th</sup> June
June	FML 906	24 <sup>th</sup> June	01 <sup>st</sup> July	07 <sup>th</sup> July	08 <sup>th</sup> July	
July	FML 907	28 <sup>th</sup> June	05 <sup>th</sup> July	11 <sup>th</sup> July	12 <sup>th</sup> July	05 <sup>th</sup> July
July	FML 908	23 <sup>rd</sup> July	30 <sup>th</sup> July	05 <sup>th</sup> Aug	06 <sup>th</sup> Aug	
Aug	FML 909	27 <sup>th</sup> July	03 <sup>rd</sup> Aug	09 <sup>th</sup> Aug	10 <sup>th</sup> Aug	03 <sup>rd</sup> Aug
Aug	FML 910	21 <sup>st</sup> Aug	28 <sup>th</sup> Aug	03 <sup>rd</sup> Sep	04 <sup>th</sup> Sep	
Sep	FML 911	26 <sup>th</sup> Aug	02 <sup>nd</sup> Sept	08 <sup>th</sup> Sept	09 <sup>th</sup> Sept	02 <sup>nd</sup> Sept
Sep	FML 912	20 <sup>th</sup> Sep	27 <sup>th</sup> Sep	03 <sup>rd</sup> Oct	04 <sup>th</sup> Oct	

## DETAILED ITINERARY:

### DAY 1: ARRIVE LHASA & TRANSFER TO HOTEL

-/-/D

Arrive at Lhasa Airport, meet, welcome and transfer to hotel. *Dinner & overnight stay at hotel.*

### DAY 2: LHASA CITY SIGHTSEEING

B/L/D

After breakfast leave for full day city sightseeing tour to Magnificent Potala Palace-the winter palace of the Dalai Lama; the place where the former great Dalai Lama's stupas are being kept; once the seat of the Tibetan government. With a history of over 1,300 years, the Potala Palace is the treasure of Tibetan religion and culture, storing plenty of figures of the Buddha, murals, sutras etc. After visiting Potala Palace, you will visit one of the three largest monasteries of Gelugpa- the **Sera Monastery**, and the Dalai Lama's summer palace of the treasure Park of Tibet, the **Norbulingka**. Return to hotel and *Overnight stay at hotel.*

### DAY 3: LHASA CITY SIGHTSEEING

B/L/D

After breakfast, you will visit the No 1 Monastery of Gelugpa-**Drepung Monastery**, which is the richest monastery ever in Tibet, and is still active today. Then you will be guided to visit the spiritual center of Tibet, the **Jokhang Temple**, where you might meet many pilgrims, who even prostrate by full length to the threshold of the temple. You will visit the sacred pilgrim path, the oldest street in Lhasa, the **Barkhor Street**, which is the place where Tibetan culture, economy, religion and arts assemble. In the afternoon, you can pay a visit to the Tibetan Traditional Hospital, where you will see how the Tibetan doctors treat patients in their traditional ways, and in its library, you will find massive medical sutras and medical Thankas. The **Lhasa Carpet Factory** is also a place you should not miss. The carpets there are all hand-made on old-styled vertical looms in traditional processes. *Overnight stay at hotel.*

### DAY 4: LHASA SHIGATSE VIA GYANTSE

B/L/D

After breakfast, drive to Gyatse (260kms, 4hours drive). En-route visit Holy Yamdrok Lake, Mt. Nyechen Kangsar glacier, Gyantse Kubum stupa and cross 3 high passes with altitude of 4794m, 5039m & 4280m. Arrive Gyatse, lunch and proceed to Shigatse (3,900m- 90km). Finally arrive Shigatse and check into hotel. After get refreshed proceed to visit **Palkor Monastery** and **Tashilhunpo Monastery**. Return to hotel, *dinner and overnight.*

**Palkhor monastery:** Also called "The Baiju Monastery" by the Chinese, this monastery is situated in Xigatse city which is about 23km away from capital Lhasa. Implausible combination of temples and Stupas will attract anyone. The architecture you will see in this place, are form the 14th and 15<sup>th</sup> century which make this place a Hotpoint for ancient archeological researchers. This place has more than 3000 statues from the statues of Buddha to famous King SongtsenGampo. Number of tourist visiting this place has been increasing every year.

**Tashilhunpo Monastery:** Located in Shigatse 250km away from the capital city Tashilhunpo monastery was built by the 1<sup>st</sup> Dalai Lama in 1447. Among the six hugest monasteries in Tibet this monastery stands on massive area of 300,000 Sq. m and known as the “Seat of Panchen Lama”. Panchen Lama is considered as the second most important religious leader after Dalai Lama in Tibet. Return to hotel, *dinner and overnight*.

#### **DAY 5: DRIVE TO RONGBUK MONASTERY (4,980M)**

**B/L/D**

Breakfast and drive to Everest Base Camp (5,150m, 350km). En- route enjoy the beautiful Tibetan landscape local Tibetan villages and visit famous Rongbuk monastery. *Overnight stay at hotel*.

#### **DAY 6: DRIVE TO EBC / VISIT EBC & RETURN TO RONGBUK MONASTERY**

**B/L/D**

Breakfast and drive to Everest Base Camp (8km, 5,15m), enjoy the stunning view of Mount Everest (8,848m) & its surroundings. Return to Rongbuk monastery, rest & *Overnight stay at hotel*.

#### **DAY 7: DRIVE TO SAGA VIA OLD TINGRI**

**B/L/D**

Breakfast and drive to Saga (4,640m, 400km). En-route enjoy the beautiful view of Mt. Shishapama, Peikutso Lake, Finally arrive Saga and check into hotel & *overnight stay*.

#### **DAY 8: DRIVE TO MANSAROVAR**

**B/L/D**

After breakfast, drive to Mansarovar (4,556m, 450km). En- route enjoy Sand dunes & unique Tibetan landscape. Finally arrive Mansarovar Lake and enjoy the eye catching view of Holy Mt Kailash, Holy Mt. Gurla Mndhata and Mansarovar Lake. *Overnight stay at lodge*.

#### **DAY 9: DRIVE TO DARCHEN -**

**B/L/D**

Morning hour enjoy the calm environment of the area. Visit Chiu Gompa & drive (30km) to Darchen (4,660m) for about 2hrs. Rest of the day is free to explore your own. *Overnight stay at lodge*.

#### **DAY 10: DRIVE TO SERSONG/TARBOCH FLAG POLE & HOLY TREK TO DIRAPUK**

**B/L/D**

Breakfast and drive to Tarboch Flag Pole, the first prostration point, -the auspicious gateway and the sky burial ground. Visit Yamadwar and further drive to Sershong (total 8km) and trek to Dirapuk (4,765m, 10km, 3-4hrs trek). *Overnight stay at guesthouse*.

#### **DAY 11: HOLY TREK TO ZUTHULPUK**

**B/L/D**

Continue trekking of challenging cross -the Dikpala (5,000m) and Dormala (5600m) to Zuthulpuk (4,700m) (22km/ 7 - 8hrs trek). *Overnight stay at Lodge*.

#### **DAY 12: HOLY TREK TO DARCHEN AND DRIVE TO SAGA**

**B/L/D**

Last and final day of Mt. Kailash Parikrama ends near Darchen (16 km/ 3 - 4hrs trek). En-route can enjoy the view of Thuktsolake. Arrive near Darchen & drive to Saga (450km, 8hrs drive). *Overnight stay at hotel*.

### DAY 13: DRIVE FROM SAGA TO SHIGATSE OR KYRUNG

B /L/D

Drive Saga to Shigatse or Saga to Kyrung (460km, 8 /9 hrs drive). Arrive Shigatse or Kyrung and check in at *hotel for overnight stay at hotel.*

### DAY 14: DRIVE FROM SHIGATSE TO LHASA OR KYRUNG TO KATHMANDU

B /L/D

Drive to Lhasa (3,600m, 290km, 5/6hrs drive) or cross border at Kyrung & drive to Kathmandu. Arrive Lhasa or Kathmandu and check into hotel. Rest of the day is free to explore your own or evening holy water offering and witness Arati Puja at Pashupatinath temple at Kathmandu. *Overnight stay at hotel.*

### DAY 15: FINAL DEPARTURE TRANSFER

B/-/-

Breakfast and free time until transferred to International airport for onward flight.

### DELUXE SIC YATRA COST (BASED ON 25 & ABOVE PAX)

Tour Category	SIC Tour cost as per the group size	Single room supplement
Deluxe Tour– With Normal 4 star equivalent hotel in China, Lhasa & Xigatse.	US \$ 1,910.00	US \$ 300.00

**Note:** Please be noted that minimum **4 FULL WORKING DAYS** (Mon to Fri) required for the Chinese visa process and can be submitted before 11.00 only. Hence requested to book the flight ticket with comfortable time to obtain Chinese visa.

Apart of the provided Tour duration, program & cost, supplement cost will be applied for the accommodation and additional tour or extension tours as per client request.

### PACKAGE TOUR PRICE INCLUDES:

- ☒ Arrival/departure transfer /sightseeing by Air-conditioned coach on SIC basis in Lhasa.
- ☒ Accommodation on twin sharing basis with breakfast in Standard category rooms in Lhasa, and Shigatse.
- ☒ Daily morning breakfast, Lunch & Dinner in Tibet and Mt Kailash area.
- ☒ Professional English-speaking tour escort.
- ☒ One bottle of mineral water per person per day in China part.
- ☒ Tip for driver and guide
- ☒ Twin / Triple sharing 4/3 star hotel accommodation at Lhasa, Gyatse, Shigatse, Darchen & Saga.
- ☒ Best available dormitory lodge accommodation at Mansarovar, Dirapuk and Zuthulpuk.
- ☒ Tibet travel permit fee.



- ☒ Ground transfers in Tibet using Mini Van / Coach as per the group size.
- ☒ Required trekking equipment.
- ☒ Oxygen cylinders Oxygen cylinder and oxygen pillow as per the requirements, and first aid kit.

#### COST EXCLUDES:

- ☒ Meals other than mentioned in the itinerary.
- ☒ Any items and services not mentioned in inclusions
- ☒ Visa Fee for China & Nepal or other country
- ☒ Any kind of Airfare International or Domestic ( Xian/ Lhasa & Lhasa to onward flight cost)
- ☒ Items of personal nature such as trekking equipment, bar bills, alcoholic beverages, laundry, telephone, calls internet, extra mileage, personal gratuities as tips to the staffs at hotel, guide, driver, porter, Horse / Pony ride etc.
- ☒ Personal insurance policy - suggested a comprehensive travel insurance covering tour and flight cancellations, loss of valuables, thefts, illness, accidents and hospitalization
- ☒ Insurance that covers Travel/ Accident /Medical/Emergency evacuations, [Helicopter rescue]
- ☒ Extra costs that may arise due to delay to receive Tibet Travel Permit and Visa, prolonged delays or postponement of flight due to technical reasons.
- ☒ Expenses incurred by re-routing, inclement weather, floods, famine, political disruptions, strikes, riots and other disturbances.
- ☒ Photography charges in the monasteries and monument.